

Please put any questions to the Residents Association, in writing and place it in Letterbox 16 or 345 or email: residentsassociation@mail.com

Congratulations to Waza V50 in winning a Silver Medal in the Singles Bowls tournament at The State Disability Championships held in Brisbane.

On Market Day Saturday 1st Sept. The Residents raised a total of \$1394, with the Sausage sizzle raising \$850 and the cake stalls raising \$544. The money raised was for the drought angels. Well done.

16th Oct. at 9.30 am in the Theatre room, there is a Travel Expo and morning tea. There are three travel representatives. There is a \$600 lucky door prize plus a \$1,000 lucky prize for those already booked a holiday. To be eligible you must register by 10th Oct. Register sheet at Sea Breeze Clubhouse. The last few Villa numbers In the Oasis Bar Saturday jackpot were unclaimed, V1 - \$90, V245 - \$100, V289 - \$110, V106 - \$120, V157 - \$130, V392 - \$140, V35 - \$150, V12 - \$160, V133 - \$170, V186 - \$180, V6 - \$190, V163 - \$200, Next draw Sat 29th Sept. \$210.

Bingo days in October are <u>Wednesdays 10th</u> and <u>24th</u>. Starting 1.30pm be there at 1.00pm. Ocean Breeze Clubhouse.

If you are storing any food items in the fridge or freezers in the club houses please take the time to check the dates and if out of date remove, all freezer food should have a date on when it went in if it has been in the freezer for more than 3 months please remove.

Aircon on bus is being fixed today. Tennis courts lights are on our list awaiting quote from Electrician. Golf Simulator up and working. Christine and John.



Another of the popular Sponsor Days was held on Sunday the 16th of September by the Redclaws Social Bowls Club.The event was sponsored by Affordable Screens and Blinds with Lisa and Sierra attending to hand out the prize money on offer.1st. prize money went to two winning teams consisting of Harold, Julia, Joan, Linda, Joy and Robert. While 2nd. prize money went to two losing teams consisting of Martin, Carolyn, Renata, John, Karen and Mick. Thanks to Affordable Screens and Blinds for their ongoing support and thanks to Lindsay, Theresa and their helpers for the tasty steaks which were greatly appreciated by all.

# The REDCLAWS Social Bowls Club

The next two sponsor days to be held are on <u>Sunday 7th of October</u>, sponsor is Des Allen & Co Funerals. <u>Sunday 28th of October</u>, sponsor Searles RV Centre. Entry fee for Sponsor Days is \$6.00 for players and \$4.00 for non players, these costs are to cover the BBQ and players \$10 money draws. On Sunday 14th October there is a fun game with Women versus Men. There will be a Giant Raffle, with huge prizes, tickets are \$1.00 a ticket or six for \$5.00. Remember it is a fun day informal dress welcome.

The players name sheets will be at the Bowls Desk in the Ocean Breeze Clubhouse, at the appropriate days.

Jean V110 with her helpers, ran a fundraising bowls day on Sunday 8th Sept. with a sausage sizzle and a giant raffle raised over \$1,095 for the Drought Angels. Again well done.





Waza receiving his silver medal at the State Disability Championships



The bar is open every Wednesday 3:30pm to 5:30pm, Friday 3:30 to 7:pm, Saturday and Sunday afternoon from 3:30pm to 7:00pm (at managers discretion) Every Saturday evening there is a lucky Villa Draw, starting at \$50.00 and if not won the prize jackpots by \$10.00. The Villa number is drawn between 4:00 pm and 6:00pm. Winner must be present and have one minute to claim the prize.



Saturday 20th October, 6pm to 9pm. Back by popular demand. Dance to the music of Mark Deviney.

A night of the best Acoustic Rock. From the 50s - to - today. BYO nibbles.



Caretakers Corner.

Community Maintenance issues.

- Replacement Palm outside Gate 2 still on its way.
- Concrete repairs started but not finished.
- > 10K signs received and will be put up around the new section.
- On order to replace keypad at Gate 1 reaching its maximum capacity.
- Gate 2 light has been rectified.

# **Special Information.**

- Construction is starting to ramp up and Trades will be starting at 6:30am from now on until construction has completed as entrance gates on Rifle Range Rd will be locked at 3pm every afternoon from Monday to Friday. Construction will also have access to Gate 2 to exit.
- Jenny & Norm will be relieving for 2 weeks starting 28th September.
- Residents are still going through sales with their issues unless it is sale related please go through your committee or caretaker.
- School holidays are upon us please adhere to the times children can use the indoor pool for the comfort of all residents.
- Please note that if you want to use the club facilities for a function a form will need to be completed which is outside the office this ensures that double booking of space doesn't happen and if a late night is required it also ensures that a responsible person can be inducted to lock up after the function.

# Do's & Don'ts.

- Residents are still parking in the visitors allocated parking please park in your garages.
- No parking unless you are a buggy in the buggy parking opposite the roundabout front entrance of the Ocean Breeze.
- When driving around the resort especially late at night or early morning please avoid driving over the grates in the roads there is enough to stick to your side as these are working loose and creating a disturbance to residents.
- If you are arranging house sitter(s) please see caretaker for the appropriate form. Christine & John



# **RESORT ACTIVITY**

**INDOOR/CARPET BOWLS** Saturday 1:00pm in Sea Breeze Thursday 2:30pm in Sea Breeze

\*\*\*\*\*

**Walk Walk Walk** Monday to Friday 7:00am in Ocean Breeze upstairs.

\*\*\*\*\*

KNITTERS/CRAFT Monday1:00am in Ocean Breeze

GOLF Wednesday 7:30am

\*\*\*\*\*

**ZUMBA** Tuesday 9:15am Sea Breeze Thursday 1:30pm Ocean Breeze (upstairs).

\*\*\*\*\*

TAI CHITuesday 11:00amOceanBreeze(upstairs)

WATER AEROBICS Wednesday 9:45 am Sea Breeze indoor Pool.

\*\*\*\*\*

LINE DANCING Monday 6:30pm. Wed, Friday 9:00am Sea Breeze.

### \*\*\*\*\*

TEN PIN BOWLING Thursday 1:00pm meet at Sea Breeze

CALLIGRAPHY Monday 10:00am Art and Craft Room

\*\*\*\*\*\*\*

POTTERY Tuesday 9:00am Pottery Room

\*\*\*\*\*\*\*

CARD/SCRAPBOOKING Tuesday 1.30pm Craft Room Contact Jenny V115

YOGA Monday 7:30am Ocean Breeze (upstairs)

\*\*\*\*\*\*

DANCING SOFT SHOE SHUFFLE Tuesday 2.00pm Sea Breeze Clubhouse BOWLS Sunday 1.00 pm Mixed Wednesday 1:00pm Mixed Friday 1:00pm Mixed Men's Social Morning Bowls Tuesday,Thursday and Saturday, 7:00 am Ladies Social Bowls Thursday 8:30am Self Select Pairs (mixed) Saturday 1:00pm Free lessons and coaching available.

**SNOOKER/POOL** Monday to Saturday 1:30pm in Sea Breeze

TENNIS Monday. 7:00pm Friday 7:00pm

\*\*\*\*\*

**TABLE TENNIS** Sunday 1:00pm, Wednesday

 7:00pm
 Friday
 9:30am.
 Ocean Breeze

CARDS Monday Men only 7:30am Ocean

Breeze

Thursday Ladies Ocean Breeze (upstairs)

\*\*\*\*\*\*

MAHJONG Wednesday 12:45pm-4:15pm Friday 12:45pm Sea Breeze

BINGO Wednesday Fortnightly 1.30pm-3.00pm. Ocean Breeze

\*\*\*\*\*

RUMMIKUB Tuesday 12:30pm in Ocean Breeze

\*\*\*\*\*

PLR Photography Club Meets every second Monday of the Month Oasis Lounge 9:00 am to 11:00 am

PLRB ART PAINTING GROUP Tuesdays 1:30pm Art Room

# <image>

I don't want to single out any one person, as there were so many I am bound to miss someone, who helped raise the wonderful amount for our cause, which was for the <u>Drought Angels</u>. We had an amazing response from residents who donated over \$1000. thank you to Sales Office who would be proud to tell people where we live.TOTAL amount banked \$3,963.15, my sincere thanks.

- Care Packs 60 packs of bags full of wonderful personal care products. The bags to hold the products were made by Jaci V140 and helpers. Four beautiful Patchwork Quilts were donated as well as some linen.
- Eleven, 4 litre bottles of water, were donated and collected by Karen Honey V360.
- Young at Heart team donated \$45 collected from sales of leftover spuds.
- Knitters group knitted jumpers for lambs and were sent to the Tamworth area.
- Sunday Bowls had a fundraising day, organised by Jean and raised a total of \$1095.
- The sale of home baked bread by Pam and Laurie V2 raised \$200.
- The Market Day cake stall (pictured above) sold out by 12 noon. The cakes were made and donated by residents and raised \$544.
- Sausage sizzle on Market Day, organised by Martin Reed V23. The sausages were donated by Sales. Raised \$800 +.
- The rest was made up of cash donations from Palm Lake Residents plus from two outside Garden Clubs.





Kay V197

# Five.Good.Friends.

# Introducing Five Good Friends

Five Good Friends is a homecare organisation that offers more control, more choice and more hours of help to our customers who require help around the house.

We are a government approved Aged Care Provider and Registered NDIS Provider for in home care service.

The home care journey can be difficult for everyone involved and we aim to take this pressure away by having our care advice team available to help individuals and their families through this journey. At the heart of Five Good Friends are our members.

We can assist residents and their families through the aged care journey with:

- registering you with My Aged Care
- Discussing and establishing a help plan
- Deliver the help at home offering consistent matched helpers and transparency for the family with the use of the Five Good Friends App.

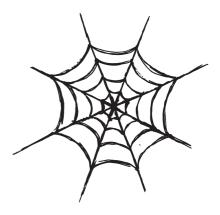
The Local Five Good Friends Community Manager will be presenting at the resort on Monday 29<sup>th</sup> Oct at 10am (in the Theatre). The topics covered include: -

- How to register with My Aged Care
- What to expect during an ACAT Assessment
- What services can I receive
- Can I change service providers if I am unhappy?
- Health Ageing and the secret to longevity

Individual appointments are available after the presentation if any residents wanted to register with My Aged Care or had any questions in regard to any correspondence they have had with My Aged Care, ACAT or where they are on the National queue.



<u>Welcome New Residents</u> V277 John & Meryl O'Shea V332 Colin & Agnes Wright V371 Robert & Christine Hildebrand V386 Joy Geue





# Giant Raffle Prizes

BREWERY

Such a great day of bowls today. Thanks, Jean and all your helpers for organising this great fundraiser in aid of our farmers. And thanks to all the PLR bowlers and friends for their support, Martin, the sausage sizzle king, and all the businesses and individuals who donated raffle prizes and their time and energy to make

the day such a success. What a magnificent effort for a group of retirees to have raised \$1095 on the day. Congratulations to everyone involved.
 And Shirley from v350, I love your work in taking the initiative to get the total to \$1000+, by "passing the hat" at the end of the day.
 Reporter Karen Honey V360



*Melbourne Cup Tuesday 6th November. Sweeps etc Sea Breeze Clubhouse.* 



# Saturday 17th November Dave Stygall

From 7.00pm in the Sea Breeze Clubhouse Swing - Easy Listening Crooner Singing those memorable hits made famous b: Frank Sinatra - Dean Martin -Perry Como - Nat 'King' Cole -Matt Monro - Andy Williams Ella Fitzgerald - Bobby Darin -Tony Bennett Entry \$10 per person, some nibbles provided

# **BACK TO RAT PACK ERA**

Lucky Door Prizes , Best dressed male and best dressed female Best decorated table lucky prizes through the night Bar Available Get your Friends together,form a table AND DANCE THE NIGHT AWAY..

Ladies and Men come and join the new learn to dance classes, soft shoe shuffle, on Tuesday afternoon at 2pm up stairs in the ocean Breeze clubhouse. No special requirements.

You just need comfortable shoes preferably flat soles.

Lots of energy, a sense of humour . If you have any questions just call Cheryl at Villa 291



# Market Day at Palm Lake Bargara Saturday 1st September



Coral, Carlie, Irene and Martin doing the sausage sizzle on Market Day



